



IMPACT'S PERFECT SUMMERTIME RECIPE SUGGESTION:

Asian Sesame Chicken Salad

Serves 4

For the Salad: Combine all the ingredients below in large salad bowl

4 cups of shredded napa cabbage (it is green in color but a longer head of lettuce)

4 cups of shredded green cabbage

1½ cups of snow peas (trimmed)

1 cup of red/purple cabbage

1 cup of shredded carrots

½ cup of chopped cilantro

3 green onions – sliced

2 cups of shredded cooked chicken

½ cup sliced almonds (toasted for a few minutes in frying pan adds more flavor)

2 Tablespoons black sesame seeds

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For the Vinaigrette: Mix the ingredients below in salad cruet and shake vigorously

½ cup coconut aminos (liquid) – can be found at your local Vitamin Shoppe or healthfood store)

¼ cup of orange juice

2 Tablespoons extra-virgin olive oil

1 Tablespoon of minced fresh garlic

1½ teaspoons minced fresh ginger

1 teaspoon salt

½ teaspoon black pepper

¼ teaspoon cayenne pepper (to add a little spice!)