



IMPACT Training's Recipe Share



Simple and healthy!: Green Chiles Turkey Burgers

Ingredients:

- 2 (4 oz.) cans diced green chiles
- 1 pound ground turkey
- 1 cup cilantro, finely chopped
- ½ cup onion, finely chopped
- 2 teaspoons cumin
- 1 teaspoon chili powder
- 1 teaspoon sea salt

Directions:

In a medium sized bowl mix diced chiles with turkey, cilantro, onion, cumin, chili powder and salt . . . Form into patties, and cook thoroughly on grill or skillet . . . serve with a side salad and some fresh avocado.

Enjoy!